



a retreat and an escape from the city

for younger adults
hosted by St. Andrew's-Wesley United Church
(ages 20-45) All are welcome!
Rivendell Retreat Centre,
Bowen Island, BC
May 21-24.2010

TO REGISTER:

Please send an email to Doris at ellenkiz@hotmail.com
RESERVE YOUR SPACE SOON AS REGISTRATION IS LIMITED!
Once you register more details will be emailed to you!

COST: \$150

this includes your accommodation, meals and leadership costs ---
travel is your own responsibility but carpooling and pickups from the
ferry can be arranged if you require. Financial assistance is available;
please speak with Doris, Curt or Gary for assistance.

WHAT TO EXPECT at the RETREAT...

Rivendell Retreat sits atop Cates Hill on Bowen Island with beautiful rooms for personal and group retreat focused on time apart, silence, and spiritual nurture. You will enjoy beautiful rooms with private bathrooms, gorgeous facilities with stone fireplaces and a deluxe kitchen. Our amazing cook, Heather Carr with grace us with delightful meals.

THE RETREAT WILL INCLUDE:

- Morning worship and vespers each day with Gary, Curt and Doris
- Rivendell community worship at 5:00 pm daily (optional)
- Delicious meals, snacks and community time at meals
- Personal time to reflect, pray, walk, be in silence, read, or....
- Workshops on a variety of topics, tba.
- Possibility of community gatherings to walk around Killarney Lake, walk the Bowen Labyrinth, chat over tea and build community!

As a retreat participant you are expected to:

- be a part of the morning worship and vespers and participate fully.
- help with the chores at the event, meal cleanup and final cleanup
- bring your whole self in the spirit of rest and renewal

The Retreat begins at 8pm on Friday evening with an opening worship and gathering time. You may arrive anytime after 4pm on Friday and settle into your rooms. The retreat ends 1 pm on Monday, following Brunch and a closing worship.

this is rivendell...check out rivendell at: www.rivendellretreat.org

